



A Message From Doc & Jill

We have all heard the saying
"April showers bring May flowers!"
April ushers in the 1st full month of Spring.
This always brings to mind a sense of renewal,
beautiful flowers and spring cleaning LOL!
April 22nd is Earth Day!
We at Active Health honor Earth Day by taking care
of its inhabitants. We are available for you,
your families and your friends and we greatly
appreciate all of your referrals. We are, as a whole, ["Better Together!"](#)



Love, Doc and Jill

Patient Success Story



Multi-Cervical Unit (MCU)

Prior to treating at Active Health, Joseph was experiencing severe pain and numbness in his right arm due to nerve impingement. He could not utilize his arm to do anything at all, and the pain he was feeling would be so great that it would affect his ability to sleep most nights. He was also forced to sleep on his back to help lessen the pain, which was a very uncomfortable position for him. Desperate for relief, Joseph came to Active Health. His treatment consisted of utilizing our state-of-the-art [Multi-Cervical Unit \(MCU\)](#), receiving chiropractic adjustments, some manual therapy, and doing physical therapy exercises. Since treating, Joe experienced a complete 180 regarding his symptoms. The numbness and pain in his arm

are practically non-existent! He also found other symptoms he was experiencing in his daily life had reduced as well, such as his ear ringing, range of motion, and even glaucoma! He is so incredibly thankful for the relief we have been able to help him experience.

**MCU NO MORE NECK
PAIN**

April Events



**autism
speaks®**

Get Involved

Autism, or autism spectrum disorder (ASD), refers to a broad range of conditions characterized by challenges with social skills, repetitive behaviors, speech and nonverbal communication. Early intervention can help change a life. On ways to get educated, get involved or to give a donation click the [puzzle](#) piece.

Earth Day

Fun fact: From April 20-22, you can join the world's leaders for Earth Day 2021. Together, we can prevent the coming disasters of climate change and environmental destruction. Together, we can Restore Our Earth. For more information click on the the [Earth Day](#) picture.



Welcome

Let give a big warm welcome to April. April is a native Floridian and loves working in the medical field to make a difference in people's lives. We are so glad to have her as part of the Active Health Team!!!

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ACTIVEHealth

Medical. Chiropractic. Physical Therapy.

"Better Together"

