



## *A Message From Doc & Jill*

Hello August...

Hi All,  
August signifies the end of summer and back to school for us in Florida, however, there is much more to this month than meets the eye.

Did you know...

Friendship Day was August 1st

Purple Heart Day was August 7th.

Happiness Happens Day was August 8th

Be an Angel Day is August 22nd and

Just Because Day is Aug 27th ..to name a few.

In honor of Love My Feet Day on August 17th we encourage you to make an appointment and have your feet checked for orthotics. They provide cushion and support as they redistribute the pressure your feet experience with everyday activities.

Stay safe!

**Yours in Health,  
Doc and Jill**



We would like to wish all the kids  
a safe and healthy year.  
May your school year be  
educational, bright and unique.

Enjoy and Have Fun!!



## *Patient Success Story*

Before treating at Active Health, Gabby had visited her pediatrician, and her x-rays showed that she has scoliosis. The doctor suggested she go to the orthopedic doctor. Her mother (a current patient at Active Health) decided to bring her into our office to be evaluated and receive treatment, if needed. Before Gabby started treating, she was very scared about her diagnosis. Dr. Thiele was able to thoroughly educate her regarding Scoliosis and made her feel comfortable and put her at ease during her visits! Her treatment consisted of chiropractic adjustments and an in-home

exercise program. Since treating, she feels taller and more aligned, and overall just feels better and healthy!

## Dr. T Celebrating Gabby's Progress With Their Secret Handshake



**At Active Health We Are Better Together**

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## CDC: Masks Are Still Required In Health Care Settings



Due to the recent increase in COVID-19 cases and for the safety of our patients, staff, and families we have again begun to limit the number of people in our office.

Therefore, we are asking that you schedule your appointments in advance to eliminate any conflicts.

Please call us at least 24 hours before your appointment if you need to reschedule or cancel.

Thank you for your understanding!

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Medical. Chiropractic. Physical Therapy.

*"Better Together"*