



A Message from Doc & Jill



As 2020 comes to a close, Doc and I want you all to know that we are grateful and appreciate each and every one of you. We appreciate your loyalty, support, and your trust which is evident when you refer a patient to our office.

As always we will continue to be here for all your healthcare needs.

All of us at Active Health wish you and your family a Happy Holiday and a SAFE and HEALTHY New Year!

Here's to an amazing 2021!!!

North and West Palm Beach County Edition

TAKE ME HOME!

Winter 2021

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In The Neck Of Time



Jill Weinberg
and Maggie

Advanced rehab device alleviates maddening headaches and neck pain

To read this amazing article

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Patient Success Story

Prior to being treated at Active Health, Gesenia was suffering from severe numbness in both of her hands. At times the numbness was so extreme that it would wake her from her sleep. She also had very limited range of motion in her neck, as well as neck pain. She noted having stiffness and heaviness in her shoulders as well. It felt like she was carrying bricks around on her neck. Gesenia also does jiu-jitsu and all of these symptoms were making it difficult to do the sport that she enjoys so much. Referred to us by a friend, she came to Active Health and began treatments on our

Multi-Cervical Unit (MCU) together with chiropractic adjustments. After completing the MCU program and being adjusted for 9 weeks, she has almost full range of motion in her neck! Her shoulders no longer feel heavy, and best of all, the numbness and tingling in her hands is non-existent! She also finds that when doing jiu-jitsu, not only is she symptom free, she also performs much better. She would like to personally thank the staff for being so wonderful and helping her find relief.

CHECK OUT OUR BLOG



ACTIVEHealth

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"Better Together"