

May Newsletter



ACTIVEHealth

Medical. Chiropractic. Physical Therapy.

"Better Together"



From the Desk of.....

I hope you and your families are well and taking all the necessary steps to keep yourselves healthy.

It is May, the month of Mother's Day and Memorial Day which usually marks the weekend before "summer vacations" officially begin. While the last 6 weeks things may have changed on the outside, Active Health is here to support you with your health needs as we are confident that we are all "Better Together".

As of Monday, May 4th we have been open and seeing patients. We are taking all the recommended precautions for your safety and continue to be extremely dedicated in our attempt to offer a "Corona Free Safe Zone."

Please read our emails and social media posts detailing all that we have incorporated in the office to keep safe.

Feel free to call us and ask any questions. We look forward to seeing you.

Dr. Marc and Jill Weinberg



From the Doctor's Desk ***By Dr. Adam J. Holleman*** ***Telehealth***

Active Health Center is now offering Telehealth appointments. Telehealth appointments function similarly to an in-office appointment in that each patient will receive one-on-one live instruction and monitoring.

Telehealth allows us help you with your healthcare needs by connecting anywhere with secure and convenient appointments that save you time and hassle. There's no need to deal with traffic when you can schedule and attend your appointments directly from a laptop or mobile device.

We utilize a HIPPA compliant, two-way video platform to monitor exercise routines within the patient's home. The platform allows therapists to select instructive exercise videos that were developed to help each and every patient perform exercises correctly and safely.

Live monitoring of Telehealth physical therapy is covered by most insurance companies, including Medicare, during the Covid 19 pandemic.

If you are interested in Telehealth physical therapy please contact us at...561-842-2273.



Happy Memorial Day

*To all the men and women who served our country
THANK YOU!!*



Like us and follow us on our social media platforms

